

Radical change for your body and mind...**BODYWORK**  
 **REVOLUTION**

## Raw Food Resources

### Newsletters

Raw New England Community is a comprehensive listing of all the raw events monthly. To get on the list, send an email to [joe@rawnewenglandcommunity.com](mailto:joe@rawnewenglandcommunity.com)

### Blogs

These sites offer some wonderful recipes and gorgeous photos as well as many good ideas.

Here are my favorites:

[www.rawmazing.com](http://www.rawmazing.com)

[www.thesunnyrawkitchen.blogspot.com/](http://www.thesunnyrawkitchen.blogspot.com/)

<http://therawchefblog.com/>

<http://beautifullivingfood.blogspot.com/>

<http://rawgoddessheathy.blogspot.com/>

<http://www.kristensraw.blogspot.com/>

### Websites

[www.goneraw.com](http://www.goneraw.com)

my favorite for recipes and forums

<http://www.living-foods.com/>

good selection of recipes

<http://www.rawglow.com/recipes.htm>

recipes

<http://www.alissacohen.com/>

recipes, shopping and more

### Mail order

<http://www.vita-mix.com/>

<http://www.naturalzing.com/>

<http://www.sunfood.com/Catalog/Default.aspx>

superfoods

<http://www.livingnutz.com/>

raw, gourmet nuts

### Great Smoothies

<http://www.rawfoodtalk.com/showpost.php?p=438347&postcount=1>

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